Maria is the mother of three beautiful children, Bjørnar, Mia and Eilif. With her husband Jan Håkon, she lives in southern Norway, outside a city called Arendal. Maria works as a Paramedic/EMT. Her husband is a teacher.

In 2016 her daughter was born, she developed slowly and with many symptoms that something wasn't right, and in 2018 she got her ZTTK diagnosis. In 2021 she also got the epilepsy diagnosis. Mia is a pure sunshine, and the sweetest ballerina!

Maria loves spending time with her kids. She also spends much time in the garden and the greenhouse spring, summer and fall.